MANDARA SPA

FOR IMMEDIATE RELEASE
October 2026 | Malé, Maldives

Mandara Spa at Adaaran Prestige Vadoo Recognised in Luxury Lifestyle Awards' TOP 100 Spas of the World 2026

The international recognition celebrates Mandara Spa's Asian healing heritage, the expertise of its therapists, and its long-standing partnership with Adaaran Resorts in the Maldives.

MALÉ, MALDIVES – Mandara Spa at Adaaran Prestige Vadoo has been recognised in the TOP 100 Spas of the World 2026 by Luxury Lifestyle Awards, celebrating the spa's commitment to traditional Asian therapies, skilled treatment delivery, and attentive guest care. The recognition marks a proud milestone for Mandara Spa and its hospitality partner, Adaaran Resorts, bringing international attention to a spa experience shaped by therapeutic traditions and professional service.

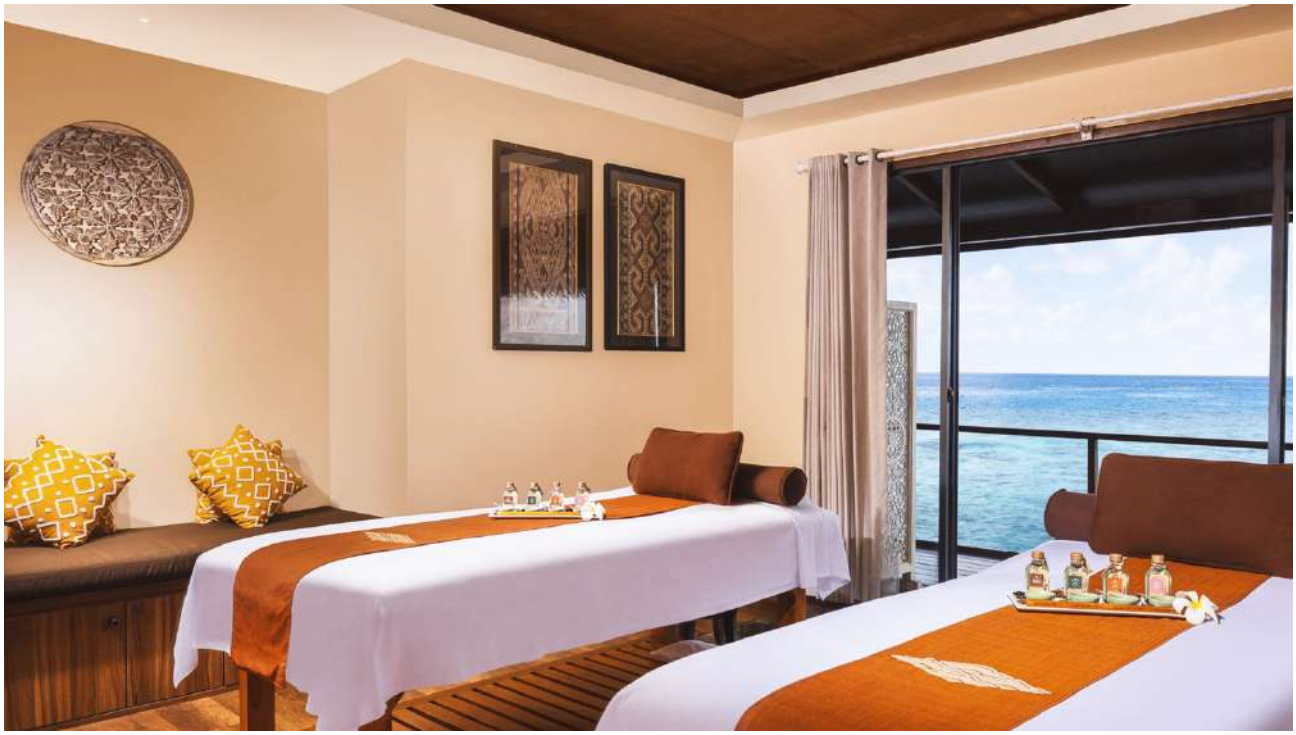
Set within the intimate island surroundings of Adaaran Prestige Vadoo, Mandara Spa brings the art of traditional spa therapy into the heart of the Maldivian resort experience. Through skilled massage techniques, personalised treatments, and an approach rooted in genuine care, the spa offers guests an opportunity to discover the craftsmanship of therapeutic touch alongside the natural beauty of the destination.

MANDARA SPA

The Art of Asian Spa Therapy, the Mandara Way

Rooted in Asia's rich healing heritage, Mandara Spa brings together traditional Asian massage techniques and the craftsmanship of therapeutic touch. From the flowing strokes of Balinese massage to the targeted pressure and stretching techniques found across the region's healing traditions, its approach draws on practices that have been passed down through generations. These traditions form the foundation of Mandara Spa's treatment philosophy, where skilled techniques, an understanding of the body, and attentive care come together.

At Adaaran Prestige Vadoo, this heritage is reflected in the way each spa treatment is delivered. Therapists consider individual preferences, areas of tension, and preferred pressure levels, adapting their techniques to create a treatment that feels both restorative and personal. The emphasis is not simply on relaxation but on the skill and precision behind every movement, bringing the art of traditional Asian spa therapy into the contemporary luxury resort experience.



Where Island Luxury Meets Restorative Escape

Located in the South Malé Atoll, Adaaran Prestige Vadoo is known for its overwater villas, surrounding turquoise waters, and convenient access from Malé. The resort attracts travellers seeking the privacy of an island retreat while remaining within reach of the capital. For guests spending their days exploring the Indian Ocean, enjoying the resort's facilities, or simply taking in the island's surroundings, Mandara Spa introduces another dimension to their stay through traditional massage and body treatments.

MANDARA SPA

Drawing on its Asian healing heritage, the spa brings together time-honoured techniques and the professional standards of an international spa operator. Treatments are tailored to each guest, allowing them to enjoy the benefits of therapeutic touch within the calm surroundings of the resort. The experience offers a contrast to the activity of island travel, where the focus shifts from exploring the destination to appreciating the care and craftsmanship of a professionally delivered spa treatment.

A Partnership Built Around the Spa Experience

Mandara Spa's long-standing relationship with Adaaran Resorts brings together two areas of expertise: the specialist knowledge required to operate a professional spa and the hospitality experience of an established Maldivian resort group.

Beyond treatment delivery, Mandara Spa's role encompasses spa management, therapist development, treatment standards, and the day-to-day details that contribute to consistent service. Working alongside the resort's management and operational teams, the brand brings its spa expertise into an environment shaped by Adaaran Prestige Vadoo's character and guest expectations.

This partnership reflects the importance of specialist spa operations within the luxury hospitality industry. A successful spa requires not only a thoughtfully developed treatment menu but also trained therapists, an understanding of service quality, and the ability to deliver a consistent experience. At Adaaran Prestige Vadoo, these elements come together through the collaboration between Mandara Spa and the resort.

MANDARA SPA

Recognising the Hands Behind the Experience

At the heart of Mandara Spa's approach are the therapists whose knowledge and skill bring traditional treatments to life. Their understanding of massage techniques, attention to guests' needs, and commitment to professional care remain essential to the experience offered at Adaaran Prestige Vadoo.

> *"We are delighted to see Mandara Spa at Adaaran Prestige Vadoo recognised among the TOP 100 Spas of the World. This achievement reflects the dedication of our spa team and the care they bring to every guest experience. We are equally grateful to our partners at Adaaran Resorts for their continued trust and collaboration. Our shared commitment to hospitality has been an important part of this journey, and it is a pleasure to celebrate this recognition together."*
>
> *— Trent Munday, Mandara Spa*

The recognition of Mandara Spa at Adaaran Prestige Vadoo reflects the enduring value of traditional Asian spa therapies and the expertise of those who bring them to life. For Mandara Spa and Adaaran Resorts, this achievement is a celebration of their shared dedication to the art of spa therapy, the people behind its success, and a partnership that continues to enrich the guest experience.

MANDARA SPA

For partnership and media enquiries, please contact:
Trent Munday
Mandara Spa
trentm@mandaraspa.com

ABOUT MANDARA SPA

Founded in 1996 in Bali, Mandara Spa is a globally recognised leader in luxury spa management, operating across premier resorts and destinations worldwide. Drawing on the healing traditions of Bali, Mandara Spa delivers authentic wellness experiences underpinned by operational excellence and strong commercial performance. With a dedicated presence in the Maldives and a network spanning multiple continents, Mandara Spa continues to build on its international reputation for delivering distinctive wellness experiences through trusted hospitality partnerships.