



MANDARA SPA

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Mandara Spa at Adaaran Select Hudhuranfushi Recognised in Luxury Lifestyle Awards' TOP 100 Spas of the World 2026

The international recognition celebrates Mandara Spa's Asian healing heritage, the expertise of its therapists, and its long-standing partnership with Adaaran Resorts in the Maldives.

MALÉ, MALDIVES – Mandara Spa at Adaaran Select Hudhuranfushi has been recognised in the TOP 100 Spas of the World 2026 by Luxury Lifestyle Awards, acknowledging its dedication to traditional Asian spa therapies, skilled treatment delivery, and attentive guest care. The recognition marks a proud achievement for Mandara Spa and its hospitality partner, Adaaran Resorts, highlighting the role of professional spa therapy within one of the Maldives' well-known island destinations.



Located within Adaaran Select Hudhuranfushi, Mandara Spa offers guests an opportunity to discover the art of traditional massage and body therapies amid the island's tropical surroundings. Known for its surf culture and active island atmosphere, the resort provides a unique setting where therapeutic treatments offer a welcome contrast to days spent enjoying the Indian Ocean.



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The Art of Asian Spa Therapy, the Mandara Way

Mandara Spa's treatment philosophy is rooted in the diverse healing traditions of Asia, where massage has long been practised through a combination of rhythmic movements, targeted pressure, and specialised techniques. These traditions influence an approach that values both the therapeutic qualities of massage and the skill required to deliver each treatment. From the flow of a therapist's movements to the careful application of pressure, every element contributes to the overall experience.



At Adaaran Select Hudhuranfushi, this philosophy is brought to life through treatments designed around individual preferences and physical comfort. Therapists apply their professional knowledge to adjust techniques and pressure according to each guest's needs, whether the aim is to ease muscular tension or enjoy a period of uninterrupted relaxation. The emphasis remains on the quality of the treatment itself, allowing guests to experience traditional Asian spa practices through the hands of trained professionals.

Where Surfing Adventures Meet the Art of Relaxation

Situated in North Malé Atoll, Adaaran Select Hudhuranfushi is known for its access to the renowned Lohis surf break, attracting surfing enthusiasts from around the world. Alongside its surf culture, the resort offers a tropical island experience surrounded by white sandy beaches, lush vegetation, and the turquoise waters of the Indian Ocean.



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For guests whose days revolve around surfing, swimming, and exploring the island, Mandara Spa introduces a different pace through traditional massage and body treatments. The physical demands of water-based activities make time spent in the treatment room an appealing addition to the holiday, offering an opportunity to unwind and ease the tension that can accompany an active day.

The spa also appeals to guests who prefer a quieter island escape. Away from the resort's recreational activities, guests can enjoy treatments delivered with professional care and attention. In this way, Mandara Spa complements Hudhuranfushi's energetic character while providing a dedicated setting for traditional spa therapy.

A Partnership Built Around the Spa Experience

Mandara Spa's long-standing relationship with Adaaran Resorts brings together specialist spa management and the hospitality expertise of an established Maldivian resort group. At Adaaran Select Hudhuranfushi, this collaboration supports a spa offering that caters to both active travellers and guests seeking a more relaxed island holiday.

As an international spa operator, Mandara Spa contributes its expertise in treatment development, therapist training, spa operations, and service standards. These responsibilities extend beyond the treatment room, encompassing the professional practices and operational consistency required to maintain a quality spa experience.



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Working closely with Adaaran Resorts, Mandara Spa ensures that its therapeutic approach and service delivery remain aligned with the expectations of the resort's diverse international guests. The partnership demonstrates how specialist spa expertise can become an integral part of a destination known for its recreational experiences.

Recognising the Hands Behind the Experience

The recognition also celebrates the therapists and spa professionals whose dedication brings Mandara Spa's traditions to life at Adaaran Select Hudhuranfushi. Their understanding of massage techniques, ability to respond to individual needs, and attention to the details of each treatment contribute to the quality and consistency of the guest experience.

"We are delighted to see Mandara Spa at Adaaran Select Hudhuranfushi recognised among the TOP 100 Spas of the World. This achievement reflects the dedication of our therapists and spa team, whose professionalism and care are at the heart of every treatment. We are equally grateful to Adaaran Resorts for their continued trust and partnership. Together, we are proud to offer guests an experience that brings the traditions of Asian spa therapy to one of the Maldives' most distinctive island destinations."

— Trent Munday, Mandara Spa

The recognition of Mandara Spa at Adaaran Select Hudhuranfushi celebrates the expertise of its therapists, the enduring appeal of traditional Asian spa practices, and the partnership that supports its success. Within a destination celebrated for its surfing and island adventures, Mandara Spa offers a restorative counterpoint shaped by therapeutic skill, attentive service, and a shared commitment to quality hospitality.



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ABOUT MANDARA SPA

Founded in 1996 in Bali, Mandara Spa is a globally recognised leader in luxury spa management, operating across premier resorts and destinations worldwide. Drawing on the healing traditions of Bali, Mandara Spa delivers authentic wellness experiences underpinned by operational excellence and strong commercial performance. With a dedicated presence in the Maldives and a network spanning multiple continents, Mandara Spa continues to build on its international reputation for delivering distinctive wellness experiences through trusted hospitality partnerships.