



MANDARA SPA

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Wellness by Mandara at Barceló Nasandhura Recognised in Luxury Lifestyle Awards' TOP 100 Spas of the World 2026

The international recognition celebrates Mandara Spa's Asian healing heritage, the expertise of its therapists, and its hospitality partnership with Barceló Hotel Group in the Maldives.

MALÉ, MALDIVES – Wellness by Mandara at Barceló Nasandhura has been recognised in the TOP 100 Spas of the World 2026 by Luxury Lifestyle Awards, acknowledging its commitment to traditional Asian spa therapies, professional treatment standards, and attentive guest care. The recognition marks a proud achievement for Mandara Spa and its hospitality partner, Barceló Hotel Group, highlighting the role of specialist spa expertise within one of Malé's leading hospitality destinations.



Situated within Barceló Nasandhura, Wellness by Mandara brings the traditions of Asian spa therapy to the heart of the Maldivian capital. Unlike the secluded island settings commonly associated with the Maldives, the spa offers an experience shaped by the rhythm of city life, welcoming guests seeking professional massage and body treatments within a modern urban hospitality environment.



The Art of Asian Spa Therapy, the Mandara Way

Mandara Spa's treatment philosophy draws on the diverse healing traditions of Asia, where therapeutic touch has long been practised through a combination of skilled massage techniques, rhythmic movements, and carefully applied pressure. These practices form the foundation of Mandara Spa's approach, bringing traditional knowledge into modern treatment settings while maintaining an emphasis on technique, comfort, and professional care.



At Wellness by Mandara, this philosophy is reflected in treatments that respond to the varied needs of guests visiting Barceló Nasandhura. Therapists apply their training and understanding of traditional massage techniques to adapt pressure, rhythm, and treatment methods according to individual preferences. Whether guests are seeking relief from physical tension, a restorative pause during a busy schedule, or time dedicated to personal care, the focus remains on the quality of the treatment and the expertise behind its delivery.

The spa's approach demonstrates how traditional Asian therapeutic practices can remain relevant within a contemporary urban environment. Through skilled hands and attentive service, Wellness by Mandara brings the craftsmanship of spa therapy to guests whose daily routines and travel experiences may differ from those of a traditional island resort.

A Restorative Escape in the Heart of Malé

Located in the capital of the Maldives, Barceló Nasandhura offers a stylish hospitality experience overlooking the Indian Ocean. With its central location, modern accommodation,



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and proximity to the city's commercial and cultural activities, the property welcomes a diverse mix of international visitors, business travellers, and guests spending time in Malé.



Within this setting, Wellness by Mandara offers a peaceful retreat from the pace of city life. For travellers arriving after a long journey, guests navigating a busy itinerary, or those simply seeking an opportunity to unwind, the spa provides access to professional massage and body treatments without leaving the capital.

The experience also introduces a different dimension to Malé's hospitality landscape. While the Maldives is internationally celebrated for its private island resorts, Wellness by Mandara demonstrates how specialist spa services can contribute to an urban destination. By combining traditional Asian therapeutic practices with professional service standards, the spa creates a meaningful connection between the heritage of spa therapy and the evolving expectations of modern travellers.

A Partnership Built Around the Spa Experience

The collaboration between Mandara Spa and Barceló Hotel Group brings together specialist spa management and international hospitality expertise. At Barceló Nasandhura, this partnership supports a spa offering that responds to the needs of an urban hotel environment while maintaining the treatment philosophy and professional standards associated with Mandara Spa.

As an international spa operator, Mandara Spa contributes its experience in treatment development, therapist training, service standards, and daily spa operations. These responsibilities extend beyond individual treatments, supporting the consistency and quality



required to deliver professional spa services to guests with different expectations, schedules, and reasons for visiting.



Working alongside the hotel's management and operational teams, Mandara Spa helps integrate the spa experience into Barceló Nasandhura's wider hospitality offering. The partnership reflects how specialist spa expertise can add value to a city hotel, creating an experience that serves both the practical needs of travellers and their appreciation for traditional therapeutic care.

Recognising the Hands Behind the Experience

The recognition also acknowledges the therapists and spa professionals whose knowledge and dedication shape the experience at Wellness by Mandara. Their understanding of traditional massage techniques, attention to individual needs, and commitment to consistent service are essential to maintaining the quality of care associated with Mandara Spa. The support of Barceló Nasandhura's hospitality team further contributes to an environment where professional spa services remain an important part of the guest experience.

"We are delighted to see Wellness by Mandara at Barceló Nasandhura recognised among the TOP 100 Spas of the World. This achievement reflects the dedication and professionalism of our spa team, whose expertise brings traditional Asian spa therapy into the heart of Malé. We are equally grateful to our partners at Barceló Hotel Group for their continued trust and collaboration. Together, we are proud to offer a spa experience that demonstrates the value of professional therapeutic care within a contemporary urban hospitality setting."

— Trent Munday, Mandara Spa



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The recognition of Wellness by Mandara at Barceló Nasandhura celebrates the enduring appeal of traditional Asian spa therapies and the expertise required to deliver them in a modern city environment. For Mandara Spa and Barceló Hotel Group, the achievement reflects a shared commitment to professional spa excellence and the people whose dedication makes these experiences possible, bringing the art of therapeutic touch to the heart of the Maldivian capital.

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ABOUT MANDARA SPA

Founded in 1996 in Bali, Mandara Spa is a globally recognised leader in luxury spa management, operating across premier resorts and destinations worldwide. Drawing on the healing traditions of Bali, Mandara Spa delivers authentic wellness experiences underpinned by operational excellence and strong commercial performance. With a dedicated presence in the Maldives and a network spanning multiple continents, Mandara Spa continues to build on its international reputation for delivering distinctive wellness experiences through trusted hospitality partnerships.